



## Syllabus 2018 - 2019

Teacher: Ryan Galindo
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Office hrs/ Availability: By appointment

**Basketball:** The focus of this class is to increase a student's knowledge, develop basketball skills through drill work and game play, as well as compete in a variety of basketball games. Students will participate in drills and skill work that will improve their overall ability to play basketball. Students will be separated into different teams and participate in a variety of games that will allow students to enhance teamwork and team building skills. Basketball skill development in basketball activities will be integrated into daily activities. Students will participate in activities that allow them to improve their individual skill sets, as well as increase their overall knowledge of basketball. Students will be engaged, have fun, and compete in the daily activities and games. Every week the students will participate in a weight training/ workout activity. The weekly workout activity is designed to introduce the students to weight room/ workout activities that can be used to improve lifelong health. Students will participate in weight room/ workout activities and programs that will benefit each student's strength and overall health and fitness.

### **Required Materials:**

Athletic wear for participation in Physical Education. (t-shirt, shorts, sweatpants, sweatshirts and tennis shoes).

\*If your sweats have belt loops, they are not considered gym clothes

Be prepared for outdoor activity.

Gym clothes and a pen or pencil should be kept in Gym locker

### **Non Required materials:**

**Do not bring your phone or headphones to class, leave them in your school locker or gym locker.**

**Course Units:** Basketball and Weight Training

**All Classes will participate in a Weight Training Day on Thursdays.**

**Summative Assessments (70%):** Summative assessments will be as follows.

- 50% Skill Demonstrations
- 20% Socratic Tests (Online Tests)

**Formative Assessments (30%):** Formative assessments will be as follows.

- 20% Daily Participation
- 10% Weight Training
  - 5 participation points are possible each day. Tardies, non-dress days, sportsmanship, and or a lack of effort are possible ways to lose points.
  - If you are not dressed for Physical Education, you will not be able to earn any daily points.
  - If you miss a class period (excused or unexcused) you will lose your daily points.
  - See make-up policy for regaining points

**Grades** will be updated every week.

**Grade Make-Up's:**

Participation in physical education class is necessary to earn a grade.

**Missing Work:**

Formative Assessments: You can make up your daily points by completing a make up sheet within two weeks of the absence. Refer to website for make-up form.

Summative Assessments turned in after the due date and by the deadline may be lowered no more than one letter.

**Re-Learning and Retakes:** Teachers will include time during the semester to make up online Socratic exams.

**Extra Credit:** Extra credit is not offered for our classes.

**Grading scale:** Is based off of the Minneapolis Public school Grading Scale

MPS GRADING SCALE		Grade Definitions
A	93.00 - 100%	Exemplary work
A-	90.00 – 92.99%	
B+	87.00 – 89.99%	Proficient/Thorough work
B	83.00 - 86.99%	
B-	80.00 – 82.99%	
C+	77.00 – 79.99%	Acceptable work
C	73.00 – 76.99%	
C-	70.00 – 72.99%	
D+	67.00 – 69.99%	Mediocre work
D	63.00 - 66.99%	
D-	60.00 – 62.99%	
F	59%	Unacceptable work