



Syllabus 2018 - 2019

Teacher: Ryan Galindo
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Office hrs/ Availability: By appointment

Team Sports: The focus will be on increasing knowledge, developing skills, participating, and competing in a variety of team sports. Students will be separated into different teams and participate in a variety of games that will allow students to enhance teamwork and team building skills. Specific sport skill development in various sports and lifetime leisure activities will be integrated into daily activities. Students will participate in activities that allow them to improve their individual skill sets, as well as increase their overall knowledge of the sport. Students will be engaged, have fun, and compete in the daily activities and games. Every week the students will participate in a weight training/ workout activity. The weekly workout activity is designed to introduce the students to weight room/ workout activities that can be used to improve lifelong health. Students will participate in weight room/ workout activities and programs that will benefit each student's strength and overall health and fitness.

Required Materials:

Athletic wear for participation in Physical Education. (t-shirt, shorts, sweatpants, sweatshirts and tennis shoes).

*If your sweats have belt loops, they are not considered gym clothes

Be prepared for outdoor activity.

Gym clothes and a pen or pencil should be kept in Gym locker

Non Required materials:

Do not bring your phone or headphones to class, leave them in your school locker or gym locker.

Course Units: The following units will be covered in Team Sports

Team Sports
Soccer, Football, Ultimate Frisbee, Organized Games, Basketball, Volleyball, Weight Training, Floor Hockey

All Classes will participate in a Weight Training Day on Thursdays.

Summative Assessments (70%): Summative assessments will be as follows.

- 70% Sport Unit Tests and Sports Unit Skill and Demonstration Tests
 - There will be a unit socrative test at the end of each sports unit.
 - There will be a unit skills demonstration summative at the end of each sports unit.
 - These unit socrative tests and skills demonstration tests will make up 70% of the student's overall grade.

Formative Assessments (30%): Formative assessments will be as follows.

- 15% Daily Participation
- 15% Weight Training
 - 5 participation points are possible each day. Tardies, non-dress days, sportsmanship, and or a lack of effort are possible ways to lose points.
 - If you are not dressed for Physical Education, you will not be able to earn any daily points.
 - If you miss a class period (excused or unexcused) you will lose your daily points.
 - See make-up policy for regaining points

Grades will be updated every week.

Grade Make-Up's:

Participation in physical education class is necessary to earn a grade.

Missing Work:

Formative Assessments: You can make up your daily points by completing a make up sheet within two weeks of the absence. Refer to website for make-up form.

Summative Assessments turned in after the due date and by the deadline may be lowered no more than one letter.

Re-Learning and Retakes: Teachers will include time during the semester to make up online Socrative exams.

Extra Credit: Extra credit is not offered for our classes.

Grading scale: Is based off of the Minneapolis Public school Grading Scale

MPS GRADING SCALE		Grade Definitions
A	93.00 - 100%	Exemplary work
A-	90.00 – 92.99%	
B+	87.00 – 89.99%	Proficient/Thorough work
B	83.00 - 86.99%	
B-	80.00 – 82.99%	
C+	77.00 – 79.99%	Acceptable work
C	73.00 – 76.99%	
C-	70.00 – 72.99%	
D+	67.00 – 69.99%	Mediocre work
D	63.00 - 66.99%	
D-	60.00 – 62.99%	
F	59%	Unacceptable work